

PLAN DE LECTURE BIBLIQUE

« *L'homme ne vivra pas de pain seulement,
mais de toute parole qui sort de la bouche de Dieu.* » (Mt. 4.4)

« *Heureux l'homme... qui trouve son plaisir dans la loi de l'Éternel,
et qui la médite jour et nuit !* » (Ps. 1.1,2)

Nous reconnaissons tous l'importance de manger régulièrement pour nourrir le corps ; combien plus l'importance de nourrir l'âme chaque jour ! Par des passages quotidiens de l'Ancien Testament et du Nouveau Testament (matin et soir, par exemple), ce programme, que l'on a essayé d'élaborer en ordre chronologique, vous conduira à travers toute la Bible dans un an.

----- JANVIER -----	17 Gn 33-34; Mt 13.24-43	2 Jb 12-14; Mt 22.1-14
1 Gn 1-2; Mt 1	18 Gn 35-36; Mt 13.44-58	3 Jb 15-17; Mt 22.15-40
2 Gn 3-4; Mt 2	19 1Ch 1; Mt 14	4 Jb 18-19; Mt 22.41-23.15
3 Gn 5-6; Mt 3	20 Gn 37-38; Mt 15.1-20	5 Jb 20-21; Mt 23.16-39
4 Gn 7-8; Mt 4	21 Gn 39-40; Mt 15.21-39	6 Jb 22-23; Mt 24.1-35
5 Gn 9-10; Mt 5.1-26	22 Gn 41; Mt 16	7 Jb 24-26; Mt 24.36-51
6 Gn 11-13; Mt 5.27-48	23 Gn 42-43; Mt 17	8 Jb 27-29; Mt 25.1-30
7 Gn 14-15; Mt 6	24 Gn 44-45; Mt 18.1-14	9 Jb 30-31; Mt 25.31-26.5
8 Gn 16-17; Mt 7	25 Gn 46-47; Mt 18.15-35	10 Jb 32-33; Mt 26.6-34
9 Gn 18-19; Mt 8	26 Gn 48-49; Mt 19.1-12	11 Jb 34-35; Mt 26.35-56
10 Gn 20-21; Mt 9.1-34	27 Gn 50; Mt 19.13-30	12 Jb 36-37; Mt 26.57-75
11 Gn 22-23; Mt 9.35-10.15	28 Jb 1-3; Mt 20.1-16	13 Jb 38.1-40.5; Mt 27.1-31
12 Gn 24; Mt 10.16-11.1	29 Jb 4-5; Mt 20.17-34	14 Jb 40.6-42.17; Mt 27.32-66
13 Gn 25-26; Mt 11.2-30	30 Jb 6-7; Mt 21.1-22	15 Ex 1.1-2.22; Mt 28
14 Gn 27-28; Mt 12.1-13	31 Jb 8-9; Mt 21.23-32	16 Ex 2.23-4.18; Mc 1.1-20
15 Gn 29-30; Mt 12.14-45	----- FÉVRIER -----	17 Ex 4.19-5.23; Mc 1.21-45
16 Gn 31-32; Mt 12.46-13.23	1 Jb 10-11; Mt 21.33-46	18 Ex 6.1-7.24; Mc 2.1-22

19 Ex 7.25-8.28; Mc 2.23-3.19

20 Ex 9; Mc 3.20-35

21 Ex 10-11; Mc 4.1-25

22 Ex 12; Mc 4.26-41

23 Ex 13-14; Mc 5.1-20

24 Ex 15-16; Mc 5.21-43

25 Ex 17-18; Mc 6.1-29

26 Ex 19-20; Mc 6.30-56

27 Ex 21-22; Mc 7.1-23

28 Ex 23-24; Mc 7.24-37

29 Ex 25; Mc 8.1-26

----- **MARS** -----

1 Ex 26; Mc 8.27-9.1

2 Ex 27-28; Mc 9.2-32

3 Ex 29; Mc 9.33-51

4 Ex 30-31; Mc 10.1-31

5 Ex 32-33; Mc 10.32-52

6 Ex 34; Mc 11.1-19

7 Ex 35.1-36.19; Mc 11.20-12.12

8 Ex 36.20-38.31;
Mc 12.13-34

9 Ex 39-40; Mc 12.35-13.13

10 Lv 1-3; Mc 13.14-37

11 Lv 4-5; Mc 14.1-11

12 Lv 6-7; Mc 14.12-31

13 Lv 8-10; Mc 14.32-52

14 Lv 11-12; Mc 14.53-72

15 Lv 13; Mc 15.1-20

16 Lv 14; Mc 15.21-47

17 Lv 15-16; Mc 16

18 Lv 17-18; Lc 1.1-25

19 Lv 19-20; Lc 1.26-56

20 Lv 21-23; Lc 1.57-80

21 Lv 24-25; Lc 2.1-20

22 Lv 26-27; Lc 2.21-52

23 Nb 1-2; Lc 3.1-22

24 Nb 3-4; Lc 3.23-4.13

25 Nb 5-6; Lc 4.14-30

26 Nb 7; Lc 4.31-44

27 Nb 8-10; Lc 5.1-26

28 Nb 11-12; Lc 5.27-6.11

29 Nb 13-14; Lc 6.12-36

30 1Ch 2; Nb 15; Lc 6.37-7.10

31 Nb 16-18; Lc 7.11-35

----- **AVRIL** -----

1 Nb 19-21; Lc 7.36-8.3

2 Nb 22-24; Lc 8.4-21

3 Nb 25-26; Lc 8.22-39

4 Nb 27.1-30.1; Lc 8.40-9.17

5 Nb 30.2-31.54; Lc 9.18-45

6 Nb 32-33; Lc 9.46-62

7 Nb 34-36; Lc 10.1-37

8 Dt 1-2; Lc 10.38-11.13

9 Dt 3.1-4.43; Lc 11.14-36

10 Dt 4.44-6.25; Lc 11.37-12.12

11 Dt 7-9; Lc 12.13-48

12 Dt 10-11; Lc 12.49-13.9

13 Dt 12-14; Lc 13.10-35

14 Dt 15-17; Lc 14.1-24

15 Dt 18-20; Lc 14.25-15.10

16 Dt 21-23; Lc 15.11-32

17 Dt 24-26; Lc 16.1-18

18 Dt 27.1-28.57; Lc 16.19-31

19 Dt 28.58-30.20; Lc 17.1-19

20 Dt 31-32; Lc 17.20-37

21 Dt 33-34; Ps 90;
Lc 18.1-14

22 Jos 1-3; Lc 18.15-34

23 Jos 4-6; Lc 18.35-19.27

24 Jos 7-9; Lc 19.28-20.8

25 Jos 10-12; Lc 20.9-26

26 Jos 13-15; Lc 20.27-47

27 Jos 16-19; Lc 21.1-19

28 Jos 20-21; Lc 21.20-38

29 Jos 22-24; Lc 22.1-23

30 Jg 1.1-3.6; Lc 22.24-38

----- **MAI** -----

- 1 Jg 3.7-5.31; Lc 22.39-62
- 2 Jg 6.1-8.21; Lc 22.63-23.25
- 3 Jg 8.22-9.57; Lc 23.26-49
- 4 Jg 10-12; Lc 23.50-24.12
- 5 Jg 13-16; Lc 24.13-35
- 6 Jg 17-18; Lc 24.36-53
- 7 Jg 19-21; Ac 1
- 8 Rt 1-4; Ac 2.1-21
- 9 1S 1-3; Ac 2.22-47
- 10 1S 4-7; Ac 3
- 11 1S 8-10; Ac 4.1-31
- 12 1S 11-12; Ac 4.32-5.11
- 13 1S 13-14; Ac 5.12-42
- 14 1S 15-16; Ac 6
- 15 1S 17-18; Ac 7.1-16
- 16 1S 19.1-21.1; Ps 59; Ac 7.17-38
- 17 1S 21.2-16; Ps 34; 56; 52; Ac 7.39-50
- 18 1S 22-23; Ps 54; Ac 7.51-8.3
- 19 1S 24; Ps 57; 142; 63; Ac 8.4-25
- 20 1S 25-26; Ac 8.26-40
- 21 1S 27-30; Ac 9.1-22

- 22 1S 31; Ps 18; Ac 9.23-43
- 23 1Ch 3.1-5.26; Ac 10.1-23
- 24 1Ch 5.27-6.66; Ac 10.24-48
- 25 1Ch 7-9; Ac 11
- 26 1Ch 10; 2S 1-2; Ac 12
- 27 2S 3-5; Jc 1
- 28 1Ch 11-12; Jc 2
- 29 1Ch 13-15; 2S 6; Jc 3
- 30 1Ch 16; Ps 8; 132; Jc 4
- 31 Ps 50; 73-74; Jc 5

----- **JUIN** -----

- 1 Ps 75-77; Ac 13.1-43
- 2 Ps 78; Ac 13.44-14.28
- 3 Ps 79-83; Ga 1
- 4 2S 7; 1Ch 17; Ps 89; Ga 2
- 5 2S 8; 1Ch 18; Ps 60; Ga 3.1-18
- 6 2S 9-10; 1Ch 19; Ga 3.19-4.20
- 7 2S 11-12; 1Ch 20; Ps 51; Ga 4.21-5.12
- 8 2S 13-14; Ga 5.13-26
- 9 2S 15-17; Ga 6
- 10 2S 18.1-19.41a; Ac 15.1-29

- 11 2S 19.41b-21.22; Ac 15.30-16.9
 - 12 2S 22-23; Ac 16.10-40
 - 13 2S 24; 1Ch 21-22; Ac 17.1-14
 - 14 1Ch 23-25; Ac 17.15-34
 - 15 1Ch 26-27; 1Th 1
 - 16 1Ch 28-29; 1Th 2.1-17
 - 17 Ps 1-6; 1Th 2.17-3.13
 - 18 Ps 7; 9-10; 1Th 4
 - 19 Ps 11-17; 1Th 5
 - 20 Ps 19-22; 2Th 1
 - 21 Ps 23-27; 2Th 2
 - 22 Ps 28-31; 2Th 3
 - 23 Ps 32-33; 35; Ac 18.1-22
 - 24 Ps 36-38; Ac 18.23-19.20
 - 25 Ps 39-41; 53; 55; 1Co 1
 - 26 Ps 58; 61-62; 64-65; 1Co 2
 - 27 Ps 66-68; 1Co 3.1-4.5
 - 28 Ps 69-71; 1Co 4.6-21
 - 29 Ps 86; 101-103; 1Co 5
 - 30 Ps 108-110; 1Co 6
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- 1 Ps 122; 124; 131; 133; 138-139; 1Co 7.1-24

- 2 Ps 140; 141-145;
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- 3 1R 1-2; 1Co 8
- 4 1R 3; 2Ch 1.1-17; Ps 72;
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- 5 1R 4-5; 2Ch 1.18-2.17;
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- 6 1R 6; 2Ch 3; 1Co 10.13-
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- 7 1R 7; 2Ch 4; 1Co 11.2-16
- 8 1R 8-9; 1Co 11.17-34
- 9 2Ch 5-8; 1Co 12
- 10 Ps 123; 125-130; 134;
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- 12 Ct 5-8; 1Co 14.20-40
- 13 1R 10-11; 2Ch 9;
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- 14 Pr 1.1-3.10; 1Co 15.35-58
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- 16 Pr 8-9; Ac 19.21-20.1
- 17 Pr 10.1-12.14; 2Co 1.1-11
- 18 Pr 12.15-14.35; 2Co 1.12-
2.13
- 19 Pr 15-16; 2Co 2.14-3.18
- 20 Pr 17-19; 2Co 4.1-15
- 21 Pr 20.1-22.16; 2Co 4.16-
5.10
- 22 Pr 22.17-24.34; 2Co 5.11-
6.10
- 23 Ps 44-46; 2Co 6.11-7.16
- 24 Ps 47-49; 2Co 8
- 25 Ps 84-85; 87-88; 2Co 9
- 26 Ec 1-3; 2Co 10
- 27 Ec 4-6; 2Co 11.1-15
- 28 Ec 7-9; 2Co 11.16-33
- 29 Ec 10-12; 2Co 12.1-13
- 30 2Ch 10-12; 1R 12.1-24;
14.21-31; 2Co 12.14-
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- 31 1R 12.25-14.20;
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- 1 2Ch 13; 1R 15.1-8;
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- 2 2Ch 14-16; 1R 15.9-24;
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- 3 1R 15.25-17.24; Rm 2.17-
3.20
- 4 1R 18-19; Rm 3.21-4.25
- 5 1R 20-21; Rm 5
- 6 1R 22.1-51; 2Ch 17; Rm 6
- 7 2Ch 18-20; Rm 7
- 8 1R 22.52-54; 2R 1-2;
Rm 8.1-17
- 9 2R 3-5; Rm 8.18-39
- 10 2R 6.1-8.15; Rm 9.1-29
- 11 2R 8.16-29; 2Ch 21.1-
22.9; Ab; Rm 9.30-10.11
- 12 2R 9-10; Rm 10.12-11.10
- 13 2Ch 22.10-23.21; 2R 11;
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- 14 2Ch 24; 2R 12; Rm 12
- 15 Jl 1-4; Rm 13
- 16 2R 13.1-14.22; 2Ch 25;
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- 17 2R 14.23-29; Am 1-4;
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- 18 Am 5-9; Rm 15.14-33
- 19 Jon 1-4; Rm 16
- 20 Os 1-3; 2Ch 26; 2R 15.1-7;
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- 21 2R 15.8-26, 32-38; 2Ch 27;
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- 22 Es 2-5; Ac 21.26-22.1
- 23 2Ch 28 : 2R 16; 15.27-31;
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- 24 Es 8-9; Ac 22.30-23.10
- 25 Es 10-12; Ac 23.11-35
- 26 Mi 1-5; Ac 24

27 Os 4-5; Ac 25
28 Os 6-7; Ac 26
29 Os 8-10; Ac 27.1-26
30 Os 11-12; Ac 27.27-44
31 Os 13-14; Ac 28.1-15

----- **SEPTEMBRE** -----

1 2R 17; Ac 28.16-31
2 2R 18.1-12; 2Ch 29; Ph 1
3 2Ch 30-31; Ph 2
4 Mi 6-7; Ph 3.1-4.1
5 Es 13-14; Ph 4.2-23
6 Es 15-16; Ep 1
7 Es 17-18; Ep 2
8 Es 19-20; Ep 3
9 Es 21-23; Ep 4.1-16
10 Es 24-25; Ep 4.17-5.17
11 Es 26-27; Ep 5.18-6.24
12 Es 28-29; Phm
13 Es 30-31; Col 1.1-23
14 Es 32-33; Col 1.24-2.23
15 Es 34-35; Col 3.1-4.1
16 Pr 25-26; Col 4.2-18
17 Pr 27-28; 1P 1.1-21
18 Pr 29-30; 1P 1.22-2.10
19 Pr 31; 1P 2.11-3.12
20 Ps 91-93; 1P 3.13-4.19
21 Ps 94-95; 1P 5

22 Ps 96-97; 1Tm 1
23 Ps 98-100; 1Tm 2
24 Ps 104-105; 1Tm 3
25 Ps 106-107; 1Tm 4
26 Ps 111-113; 1Tm 5
27 Ps 114-116; 1Tm 6
28 Ps 117-118; Tt 1
29 Ps 119.1-48; Tt 2
30 Ps 119.49-88; Tt 3

----- **OCTOBRE** -----

1 Ps 119.89-136; 2Tm 1
2 Ps 119.137-176; 2Tm 2
3 Ps 120-121; 2Tm 3.1-4.8
4 Ps 135-136; 2Tm 4.9-22
5 2R 18.13-19.37;
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8 2R 20.12-21; Es 39;
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12 Es 45; Hé 4.14-5.10
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14 Es 48-49; Hé 7
15 Es 50.1-52.12; Hé 8

16 Es 52.13-53.12; Hé 9
17 Es 54.1-56.8; Hé 10.1-22
18 Es 56.9-58.14;
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20 Es 61-62; Hé 11.23-40
21 Es 63-64; Hé 12
22 Es 65-66; Hé 13
23 2R 21.1-18; 2Ch 33.1-20;
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24 2R 21.19-26; 2Ch 33.21-25;
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25 2R 22.1-23.30; 2Ch 34-35;
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27 Jr 4-6; Jn 3.1-21
28 2R 23.31-24.7; 2Ch 36.1-8;
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29 Jr 8.18-10.25; Jn 4.1-42
30 Jr 11-13; Jn 4.43-54
31 Jr 14-16; Jn 5.1-18

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1 Jr 17.1-19.13; Jn 5.19-47
2 Jr 19.14-20.18; 26-27;
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3 Jr 30-31; Jn 6.22-40
4 Ha 1-3; Jr 25; Jn 6.41-71

- 5 Jr 36; 45-47; Jn 7.1-36
 6 Jr 48-49; Jn 7.37-53
 7 Jr 50-51; Jn 8.1-29
 8 Dn 1-2; Jn 8.30-59
 9 Dn 3-4; Jn 9.1-23
 10 Jr 22-23; Jn 9.24-41
 11 Jr 35; 2R 24.8-25.30;
 2Ch 36.9-10; Jn 10.1-21
 12 Jr 24; 29; 28; Jn 10.22-42
 13 Ez 1-3; Jn 11.1-19
 14 Ez 4-7; Jn 11.20-44
 15 Ez 8-11; Jn 11.45-57
 16 Ez 12-15; Jn 12.1-19
 17 Ez 16; Jn 12.20-36
 18 Ez 17-19; Jn 12.37-50
 19 Ez 20-21; Jn 13.1-20
 20 Ez 22-23; Jn 13.21-38
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 22 Ez 26-28; Jn 15.1-17
 23 Ez 29-30; Jn 15.18-16.11
 24 Ez 31-32; Jn 16.12-33
 25 Jr 21; 32; Jn 17
 26 Jr 33-34; 37; Jn 18.1-11
 27 Jr 38-41; Jn 18.12-27
 28 Jr 42-44; Jn 18.28-19.16
 29 Jr 52; Lm 1-2; Jn 19.17-42
 30 Lm 3; Jn 20
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 1 Lm 4-5; Ez 33; Jn 21
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 3 Ez 37-39; 1Jn 2.3-17
 4 Ez 40; 1Jn 2.18-29
 5 Ez 41-43; 1Jn 3
 6 Ez 44-46; 1Jn 4
 7 Ez 47-48; Ps 137; 1Jn 5
 8 Ps 42-43; Dn 7-8; 2Jn
 9 Dn 5-6; 9; 3Jn
 10 2Ch 36.11-23; Esd 1.1-
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 11 Esd 2.59-4.24; Ap 2
 12 Dn 10-12; Ap 3
 13 Ag 1-2; Esd 5-6; Ap 4
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 16 Za 9-11; Ap 7
 17 Za 12-14; Ap 8
 18 Est 1-2; Ap 9
 19 Est 3-6; Ap 10
 20 Est 7-10; Ap 11
 21 Esd 7-8; Ap 12
 22 Esd 9-10; Ap 13
 23 Ml 1-3; Ap 14
 24 Né 1.1-3.32; Ap 15
 25 Né 3.33-6.19; Ap 16
 26 Né 7-8; Ap 17
 27 Né 9; Ap 18
 28 Né 10-11; Ap 19
 29 Né 12-13; Ap 20
 30 Ps 146-147; Ap 21.1-22.5
 31 Ps 148-150; Ap 22.6-21

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